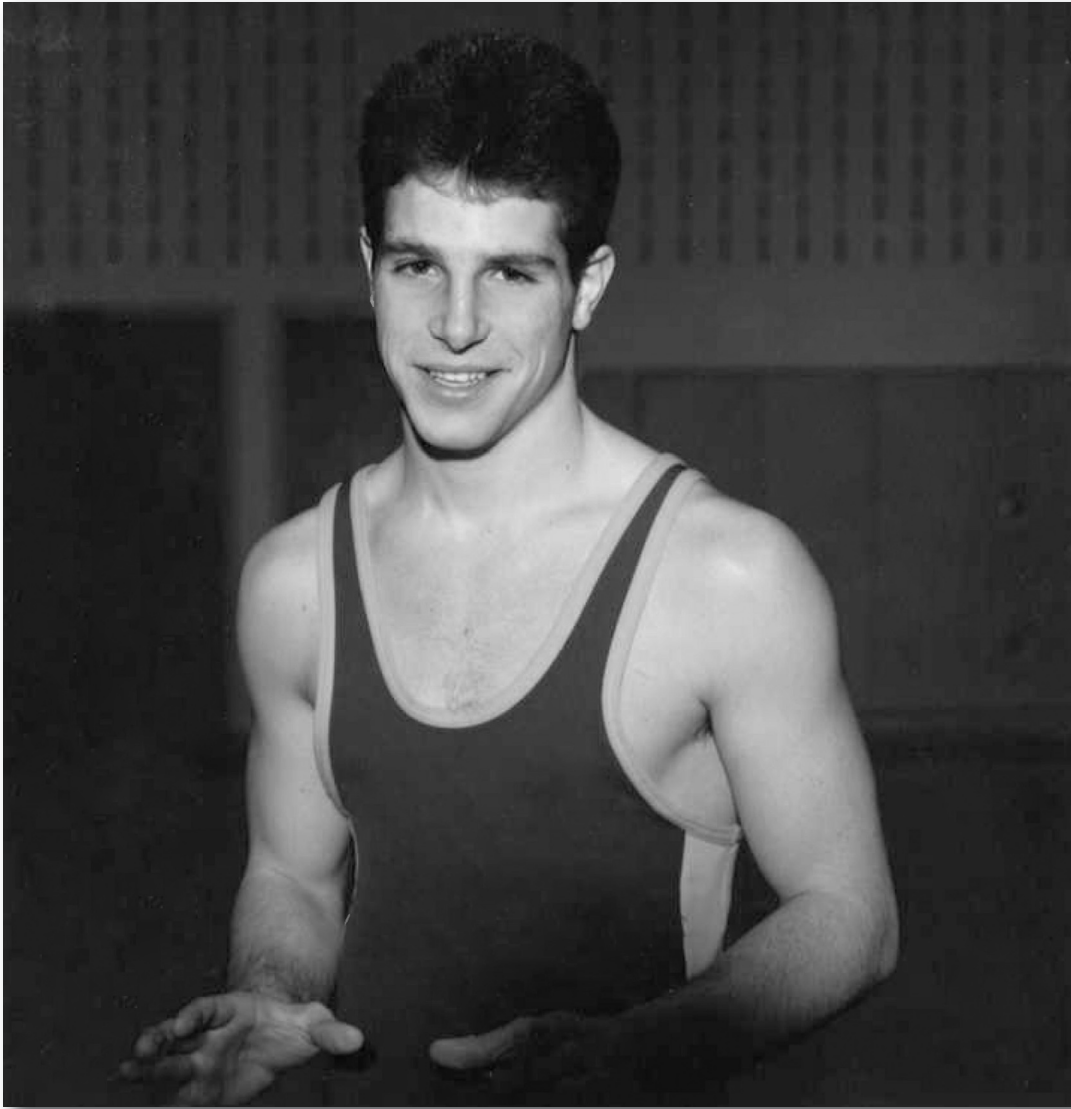


Frank Arcidiacono



During Frank's high school career, he was one of the best wrestlers to take the mat for the Raiders. Frank broke the school's All-Time freshman wins record with 18 and the school's overall All-Time wins record with 74. At that time wrestlers were limited to 24 matches before districts.

He was the Somerset County Champion in 1991 and in 1990 and 1992 Frank was the District runner-up, which allowed him to qualify for Regionals. At Regionals, he took 4th place both in years.

Frank was a great competitor. His toughness and wrestling skills were on display in every match he participated in. Frank's accomplishments hang on the wall in the Wrestling room today.